

*Dear Friends and Colleagues,*

It is our pleasure to invite you to attend the **15<sup>th</sup> International Conference** of the *Association of Psychology and Psychiatry for Adults and Children (A.P.P.A.C.)*. The Conference will be held in Athens, on May 4 – 7, 2010.

This year's Conference theme is "*Neuropsychiatric, Psychological and Social Sciences Today*".

During the last years, the International Congresses of the *A.P.P.A.C.* became established annual meeting points. The **15<sup>th</sup> International Conference**, will try to work further towards this direction, bringing participants closer to the progress on scientific research concerning clinical psychiatry, psychopathology, psychology, new diagnostic and treatment methods, genetics and neurosciences. In our Conference, we will once more emphasise the human dimension, linking science with *society*. To this end, there will be some sessions with the participation of social workers, nurses, social anthropologists, educators etc.

The Conference will also serve the *educational mission* of the *A.P.P.A.C.*: it will give CME credits to certify that the participants have taken part in accredited education activities.

Attending this meeting in *Athens*, will also be an opportunity to discover, or rediscover, a city of unique charm with a rich cultural and humanitarian tradition. Our Colleagues are preparing an outstanding event in terms of the programme, the setting and the facilities available. We are sure you will find your participation rewarding and we look forward to seeing you there and to welcoming you to Athens!

**The Chairman & A.P.P.A.C. President**  
**Scientific Director: John Kouros**  
CES Psychiatrist DEA Child Psychology  
Ass. of European Psychiatrists (EPA)  
Family Therapist E.F.T.A.

**The President of A.P.P.A.C. Northern Greece**  
**Panagiotis Beredimas**  
Neurologist, Psychiatrist  
Director of PHPO Med. Services  
Dementia Ex.Com, Hellenic Neur/gical Society

**The Organising Committee Vice-Chairs**

**Fainy Sidiropoulou**  
Ass. Prof. of Psychopedagogics  
Early-Childhood Dept.  
Technological Inst. of Athens  
Board Member of the A.P.P.A.C.

**George Freris**  
Child Psychiatrist  
"Sotiria" Hospital, Athens  
Family Therapist E.F.T.A.  
Board Member of the A.P.P.A.C.

**ADDITIONAL EVENTS**

THE PENTELE SYMPOSIUM

VISITATION TO THE NEW ACROPOLIS MUSEUM

DINNER

**For information on the events, please follow the corresponding link "joint events"**

All delegates are kindly requested to inform us on their **participation** or not to the Events *prior to March 1<sup>st</sup>*, since we need to make the arrangements for the bus, museum guide, dinner seats, menu, etc.

## CONFERENCE COMMITTEES

### HONORARY CHAIR

Christodoulou, G.  
Dimitriou, E.  
Ierodiakonou, Ch.  
Kaprinis, G.  
Kazis, A.  
Lemperiere, T. (FR)  
Lyketsos, G.  
Mazet, Ph. (FR)  
Paraschos, A.  
Soldatos, K.  
Stefanis, C.

### ORGANIZING COMMITTEE

*Chair:* Beredimas, P.  
Freris, G.  
Kouros, I.  
Sidiropoulou, F.  
*Secretary:* Kotta, D.  
*Members:* Fotopoulos, A.  
Harissi, Th.  
Koulas, Th.  
Lyrakos, D.  
Moutevelis, P.  
Papazafiratu, Ch.  
Parashakis, K.  
Sinanidou, M.  
Tsochantari, R.

### NATIONAL SCIENTIFIC COMMITTEE

Alexandropoulos, K.  
Bartzokas, Ch.  
Botsis, A.  
Degleris, N.  
Fortos, A.  
Fotiadou, A.  
Geroukalis, D.  
Giannakis, Ch.  
Hatziantoniou, I.  
Hatzioannou, I.  
Kakouros, E.  
Kanistras, A.  
Karapetsas, A.  
Kapinas, K.  
Katsabe - Marneri, K.  
Katsafouros, K.  
Kontis, K.  
Koumoula, A.  
Koutsaftis, F.  
Lyrakos, A.  
Mardas, G.  
Ntolatzas, T.  
Palaiologou, A.

### NATIONAL SCIENTIFIC COMMITTEE (cont.)

Papadakis, Th.  
Pattakou Parassiri, V.  
Rondos, I.  
Sakka, P.  
Simos, G.  
Siouti, I.  
Sitzoglou, K.  
Thanopoulou, G.G.  
Theodoropoulou, S.  
Tzebelikos, E.  
Varouhakis, G.  
Venetikou, M.S.  
Ververidis, A.  
Vidalis, I.  
Vougiouklakis, T.

### INTERNATIONAL SCIENTIFIC COMMITTEE

Agathon, M. (FR)  
Alevizos, V. (GR)  
Andrikopoulos, J.J. (US)  
Armbruster, P. (US)  
Balazs, T. (UK)  
Basco, M.R. (US)  
Bebko, J.M. (CA)  
Bolotova, A. (RU)  
Bouzouki, M. (US)  
Bukonda, N.K.Z. (US)  
Cole, T. (UK)  
Collinos, G. (FR)  
Covell, K. (CA)  
Curtolo, C. (IT)  
De Coster, V.A. (US)  
Doron, R. (FR)  
Elkaim, M. (BE)  
El Rufaie, O. (UAE)  
Elsayed, O. (EG)  
Fillmore, M.T. (US)  
Ghaziuddin, M. (US)  
Ghaziuddin, N. (US)  
Haefner, F. (FR)  
Haley, E. (US)  
Hatzimanolis, I. (GR)  
Inglebert, G. (FR)  
Jardim, M.A. (PT)  
Kaludjerovic, S. (RS)  
Khan H.T.A. (UK)  
Khan, M. A. (IN)  
Khoza, L.B. (ZA)  
Kokkevi, A. (GR)  
Kontaxakis, V. (GR)  
Kristyanti, R. (ID)  
Laakso, M.L. (FL)

### INTERNATIONAL SCIENTIFIC COMMITTEE (cont.)

Lam, D.O.B. (HK)  
Lekkou, Sp. (SE)  
Liakos, A. (GR)  
Liappas, J. (GR)  
Macher, J.P. (FR)  
Mandoki, M. (US)  
Martin, J.L.R. (ES)  
Masagutov, R.M. (RU)  
Mat Zin, N. (MY)  
Mavromatis, J. (GR)  
Mertens, P. (BE)  
Milich, R. (US)  
Montel, S. (FR)  
Montez- Berges, B. (ES)  
Morrison, M.A. (CA)  
Naik, S.R.K. (SG)  
Nathan, T. (FR)  
Nestoros, J. (CY)  
Nicotra, M. (IT)  
Norlander, T. (SE)  
Oei, K. (NL)  
Orologas, A. (GR)  
Palaiologou, I. (UK)  
Panoussis, J. (GR)  
Papadimitriou, A. (GR)  
Papadimitriou, G. (GR)  
Papageorgiou, G. (GR)  
Papakostas, J. (GR)  
Papanis, E. (GR)  
Papathanasiou, E.S. (CY)  
Paulsen, J.S. (US)  
Perron, R. (FR)  
Rakhawy, M.Y. (EG)  
Riga, V.A. (GR)  
Rigatos, G. (GR)  
Rollè, L. (IT)  
Rose, R.J. (US)  
Shankar, G. (IN)  
Skolnick, J.S. (NZ)  
Skouteris, H. (AU)  
Stavrou, L. (GR)  
Surti, B. (CA)  
Trougagos, J. (CA)  
Tsemanis, V. (GR)  
Tsolaki, M. (GR)  
Tsopelas, N. (US)  
Velin, J. (FR)  
Vintzileos, A. (US)  
Vlachou - Anastasea, K. (GR)  
Willert, S. (DK)  
Wong, M.C. (HK)  
Zimra, G. (FR)

## ABSTRACT SUBMISSION INFORMATION

You are invited to contribute to the Scientific Programme by submitting your abstract proposal for presentation to the A.P.P.A.C. Secretariat.

All *accepted* abstracts of *registered* participants, will be published in the **Abstract Book**, which will be distributed at the Conference and will be published in the "A.P.P.A.C. ARCHIVES" **journal** (almost 6,500 doctors subscribers).

**Deadline** for Abstract Submission: **March 1, 2010**

### INDICATIVE TOPICS

<i>Advances in Psychiatry &amp; Neurology</i>	<i>Memory &amp; Cognitive Disorders</i>
<i>Alzheimer's Disease</i>	<i>M. H. Care Systems</i>
<i>Anxiety Disorders</i>	<i>M.H. Disorders as Causal Factors of other Diseases</i>
<i>Art Psychotherapy</i>	<i>Methodology in Psychiatric Research</i>
<i>Attention Deficit/Hyperactivity Disorder</i>	<i>Mood Disorders</i>
<i>Autism &amp; Asperger's Syndrome</i>	<i>Multiple Sclerosis</i>
<i>Behavioural Disorders</i>	<i>Neuropsychobiology</i>
<i>Childhood and Adolescence Disorders</i>	<i>Obsessive Compulsive Behaviour</i>
<i>Clinical Psychopharmacology</i>	<i>Occupational Psychology</i>
<i>Cognitive Neuroscience</i>	<i>Parkinson's Disease</i>
<i>Community Psychology &amp; Psychiatry</i>	<i>Personality Disorders</i>
<i>Counselling</i>	<i>Preventive Psychiatry</i>
<i>Depression</i>	<i>Psychiatric Rehabilitation</i>
<i>Eating Disorders</i>	<i>Psychometric Assessment</i>
<i>Epilepsy</i>	<i>Psychiatry and Philosophy</i>
<i>Ethics in Psychiatry</i>	<i>Psychodynamic Psychotherapy</i>
<i>Family Research &amp; Family Therapy</i>	<i>Psychotherapy: From Theory to Practice</i>
<i>General Hospital Psychiatry</i>	<i>Schizophrenia and other Psychotic Disorders</i>
<i>Genetics and Psychiatry</i>	<i>Sexual Behaviour and Disorders</i>
<i>Group Psychotherapy</i>	<i>Stigma of Mental Illness</i>
<i>Health Economics and Quality of Life</i>	<i>Stress</i>
<i>Immigration and Mental Health</i>	<i>Substance Abuse and Dependence</i>
<i>Law &amp; Forensic Psychiatry</i>	<i>Transcultural Psychiatry</i>
<i>Learning Abilities and Disabilities</i>	<i>Women's Mental Health</i>

The **official language** of the Congress will be *English*. There will be a room with *Greek sessions*, but all printed material (programme and abstract book) will be in English.

VISUAL EQUIPMENT: All meeting halls are equipped with slide, overhead and data projectors as well as laptops for speakers needs. Speakers are kindly requested to check and deliver their presentation to visual reception secretariat **at least (1 ½) one and a half hour** before scheduled presentation.

LETTER OF INVITATION: Persons requiring an invitation letter in order to attend the Congress may write to the A.P.P.A.C. Secretariat. This procedure aims to assist participants who need to obtain a Visa or permission to attend the Congress and **should not** be considered as an official invitation covering fees or other expenses.

## GUIDELINES FOR ABSTRACT SUBMISSION

Only **fully registered author(s)** will be allowed to make presentations in the Congress and be included in the Congress Programme.

The abstract should not exceed **200 words** and should be written in **12 cpi Times New Roman**.

The abstract should have the following form:

1. **Presentation type** preference (poster presentation / oral presentation / symposium / workshop).
2. **Authors' names**, with the name of the presenting author underlined. Type only the **initial** of the first name(s), which should be followed by the **family name**.
3. **Authors' Title(s) - Profession:** Student, MSc, PhD, MD, Professor, Director, Psychiatrist, Psychologist, Social Worker, Neurologist etc.
4. **Affiliation details** of all authors: Position, department, institution / hospital / organisation, private practice. Also include the city and country.
5. **Abstract Title:** Make the title of the abstract brief (no more than 2 lines), clearly indicating the nature of the investigation. Use CAPITAL LETTERS for the title
6. **Abstract:**
  - Introduction & Aim
  - Method
  - Results
  - Conclusion

Abstracts will contain **text only** – graphs and pictures can not be inserted and will not be printed. **Please avoid** boldfacing, italics, and underlining within the text. Also, please **do not include** page numbers, references and footnotes in the abstract. **Drug products** should be identified by their non-proprietary names only. **Trade names** are not allowed –this does not apply for sponsored symposia by pharmaceutical companies.

If you are interested in organising a **Symposium** or a **Round Table**, please send the **title** and **general abstract**, the names and affiliation of presenters to the A.P.P.A.C. Secretariat. The Scientific Committee will evaluate your proposal and let you know of their decision within 3 weeks. After the acceptance of your proposal, you will need to send us the **abstracts of all presentations**, along with information on the **chairperson** of the Symposium / Round Table.

Abstracts must be submitted in ENGLISH. Authors who wish to submit **more than one** abstract should fill out a separate submission form for each abstract. For **each** presentation, **at least one of the writers must register** for the Conference **no later than March 15<sup>th</sup>, 2010**.

### ABSTRACT FORM

The **Abstract** (word document, attached) as well as the completed **Abstract Form** should be sent by e-mail to [appachellas@yahoo.gr](mailto:appachellas@yahoo.gr). Please note that we do not have VISTA environment, so please avoid sending us a .docx file.

Notification of acceptance or rejection by the Scientific Committee will be mailed to the corresponding author **within 2 weeks**. In case of not receiving such an email, please do contact the A.P.P.A.C. Secretariat.

**Please ask from the A.P.P.A.C. Secretariat for a copy of the Abstract Form through email.**

## Abstract Submission Deadline: March 1, 2010

Abstracts will be *reviewed* by a panel of experts and selected on the basis of merit for presentation. The **time allotted** for each oral presentation will depend on the session to which the abstract is allocated, though you are welcomed to inform us on your preference.

**Notification** of the time allocated will be sent to presenting authors 2 months before the Conference.

### TYPE OF PRESENTATION

Announcements (oral presentations): 15 mins

Lectures (keynote speakers – *selected by the Sc.Committee*): 25mins

Special Lectures (*selected by the Sc.Committee*): 30 – 35mins

Round Tables: 60 – 90mins

Symposia: 90 – 120mins

Workshops: 2hrs – 6hrs

To ensure good legibility of your **poster**, we recommend a **maximum size** of **90 cm** in width and **160 cm** in length. Pins and tape for fastening the posters will be available in the Poster Area.

In all Sessions, approx. 10mins should be considered for questions.

### REGISTRATION FORM

Please note that *no* “ON SITE” **registration** in *cash* will be available. For registering after arriving in Athens, we recommend going to the Millennium Bank (you can find a branch just 2 blocks from the Athens Hilton Hotel) in order to make a *bank transfer*.

**For the Registration Form, please contact with the A.P.P.A.C. Secretariat to send you a copy.**

### REGISTRATION INFORMATION

All payments should be made in **Euro** (€) and will be paid to **GNOSTIR PUBLICATIONS** (the Organising Secretariat). **Personal cheques** will NOT be accepted.

**Students** (BA, MSc and PhD) must attach a copy of their student ID and **Trainees** must attach a signed certificate from their department head or supervisor.

**NO “ON SITE” registration** in *cash* will be available, only on site registration via *credit cards*.

For **cancellations** received in writing prior to **February 1<sup>st</sup> 2010**, 30% of the registration fee will be kept as cancellation fee. Please note that there will be **no refund** for cancellations received after this date.

Registration fees are according to the *World Bank Economic Classification* (<http://www.worldbank.org>). **Category A** includes **high income** countries (Canada, Italy, US, Sweden, Australia, Japan, Greece, France, UAE, UK, Germany etc) and **Category B** includes **low income** countries (China, Serbia, Egypt, Morocco, Peru, Bulgaria, Malaysia etc). Please do ask from the Conference Secretariat to provide you with the Country Listing.

**REGISTRATION FEES (CATEGORY A – High income countries)**

<i>Type</i>	<i>Amount</i>	<i>Until Jan. 25</i>	<i>After Jan. 25 Until Apr. 2</i>	<i>After April 2</i>
Med. Doctors & Professionals		330€	400€	450€
Residents, Trainees		280€	350€	400€
PhD Students & other Health Professionals		220€	250€	300€
MSc Students, Psych.Nurses & Accomp.Persons		150€	200€	220€
Students & Alzheimer's Care Givers		60€	80€	100€

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**REGISTRATION FEES (CATEGORY B – Low income countries)**

<i>Type</i>	<i>Amount</i>	<i>Until Jan. 25</i>	<i>After Jan. 25 Until Apr. 2</i>	<i>After April 2</i>
Med. Doctors & Professionals		250€	300€	350€
Residents, Trainees		200€	250€	300€
PhD Students & other Health Professionals		150€	200€	250€
MSc Students, Psych.Nurses & Accomp.Persons		100€	120€	150€
Students & Alzheimer's Care Givers		50€	60€	80€

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**FOR ALL REGISTERED PARTICIPANTS**

Workshops

**To be announced**

**OTHER CONFERENCE – RELATED INFORMATION**

CONGRESS VENUE: The Congress will be held at the ATHENS HILTON HOTEL. Address: 46, Vassilissis Sofias Ave., Athens Centre. **Website:** [www.athens.hilton.com](http://www.athens.hilton.com). The Congress Secretariat Desk will be located at the **Santorini Congress Hall, MEZZANINE LEVEL (Business Centre)** and will operate throughout the meeting hours.

ACCOMMODATION: 3 **hotels** of different categories are available for participants of the A.P.P.A.C. Conference. Participants are advised to make a room reservation through the Congress Secretariat at reduced rates. To make a hotel reservation, it is necessary to fill in the **Accommodation Form**. *Please ask from the Conference Secretariat to send you by e-mail all accommodation-related information.*

NAME BADGE: Participants and accompanying persons will receive a name badge. *Everyone is kindly requested to wear this badge for all Congress activities.*

CERTIFICATES OF ATTENDANCE: The certificates will be given *during the last 2 days* (May 6 and May 7) to every participant who has paid the registration fee and has attended the congress.

SIGHTSEEING AND TOURS: We will be happy to send you a document with some proposals for sightseeing during your staying in Athens. The Conference Organisers *do not arrange* such activities, only propose to you some companies and provide you with some information on Athens.

*For any further information you may need, please do not hesitate to contact the Conference Secretariat in 0030 210 6842 663 or [appachellas@yahoo.gr](mailto:appachellas@yahoo.gr)*