

## ABOUT THE A.P.P.A.C.

The *Association of Psychology and Psychiatry for Adults & Children* (A.P.P.A.C.) was founded in 1986 and it is one of the first *certified scientific associations* in Greece. The A.P.P.A.C. is a member of the Medical Association of Athens (IEA) and it involves a wide range of communication among psychiatrists, psychologists, social workers and special therapists across the country.

The **A.P.P.A.C.** offers individual as well as group psychotherapy for adults, children, couples and families. The **A.P.P.A.C.** also provides psychological assessments, including neuropsychological, psycho-educational and psycho-diagnostic.

With the collaboration of specialised psychologists, psychiatrists, social workers, special educators, speech-therapists, physiotherapists and doctors of almost all fields, **the main aim** of the A.P.P.A.C. is to provide psychological services of the highest standards in Mental Health Care to its clients. Further to that, the A.P.P.A.C. actively promotes education on psychological issues with the aim to raise M.H. *awareness* in Greece and embraces scientific research in order to raise the standards in the fields of diagnosis and therapeutic intervention.

The **sections** of the A.P.P.A.C. are the following:

*Child and Adolescent Section* (including behavioural, educational problems and handicaps)

*Adult Section* (including psychopathology, stress, psychological, relationship, occupational problems)

*Geriatric Section* (Alzheimer's D. and Dementia)

*Group Psychotherapy Section* (for adolescents and adults)

*Substance Abuse Section*

*Family Therapy Section* (couple and family therapy)

*Educational Section* (congresses, seminars, lectures and supervision to psychology/psychiatry/special education graduates)

*Psychometric Testing Section* (MMPI, TAT, CAT, HTP, FK)

*A.P.P.A.C. Archives* (Quarterly journal published by the A.P.P.A.C.)

*Emergency Line*

The **mission** of the A.P.P.A.C. is

- To prevent and treat psychological, psychiatric problems and mental/psychological disorders of children, teenagers and adults
- To inform the public on certain professional specialties with regard to today's perceptions on Mental Health
- To promote and maintain a high standard and ethical practice of Psychiatry and Psychology
- To further educate health professionals
- To research on social and psychological factors and phenomena which are associated with mental and psychological disorders
- To define the scope of Psychiatry and its relations with various fields of medicine and other related sciences
- To provide public awareness, education and sensitization on mental illnesses and matters related to Psychiatry

The A.P.P.A.C. is in close **collaboration** with the following scientific centres and associations:

Hellenic Association for Spina Bifida & Hydrocephalus

Hellenic Association for Protection & Education of People with Multiple Special Needs

Hellenic Geriatric Society  
Hellenic Red Cross  
Hellenic Neurology Association  
Medical Society of Athens  
Hellenic Society for Alzheimer Disease  
“Sikiaridion” Children’s Foundation  
“Lyrakos Psychiatric Clinic” in Athens

Indicative sample of Congresses and Symposia organised by the A.P.P.A.C.

1990 Sep: European Congress of E.A.S.B.H & A.P.P.A.C.: “People with Special Needs”.  
1991: Multithematic Symposium on Mental Health of A.P.P.A.C. and H.A.S.B.HY.  
1992 May: 1<sup>st</sup> Medical – Psychological International Congress of A.P.P.A.C.  
1993 Dec: 3<sup>rd</sup> International Conference of A.P.P.A.C.  
1994 Dec: 4<sup>th</sup> International & 1<sup>st</sup> World Conference of A.P.P.A.C.  
1995 Dec: 5<sup>th</sup> International Conference of the A.P.P.A.C.  
1995 “Psychology and Special Teaching” Symposium (Lakonia)  
1996 May: 1<sup>st</sup> International Symposium of A.P.P.A.C. on Depression & Alzheimer’s D.  
1997: Monothematic Symposium “Child and Divorce” (Corfu)  
1997 Dec: 10<sup>th</sup> Multithematic Pan Hellenic Conference  
1998 Apr: “Special Needs & Family Therapy” Intensive Seminar (Nicosia, Cyprus)  
2000 Jan: 2<sup>nd</sup> International Symposium on Depression, Alzheimer & Family Therapy.  
2006 May: 11<sup>th</sup> International Conference, “Psychology & Communication, Friendship & Unity”  
2007 May: 12<sup>th</sup> International Conference “Psychological & Neuropsychiatric Disorders in Children, Adults & the Elderly”  
2008 May: 13<sup>th</sup> International–2<sup>nd</sup> World Conference “Psychology, Neuropsychiatry & Social Work in Modern Societies”.  
2009 May: 14<sup>th</sup> International – 3<sup>rd</sup> World Conference “Neuropsychiatric, Psychological & Social Developments in a Globalised World”.